





*Collages Made by the Students*

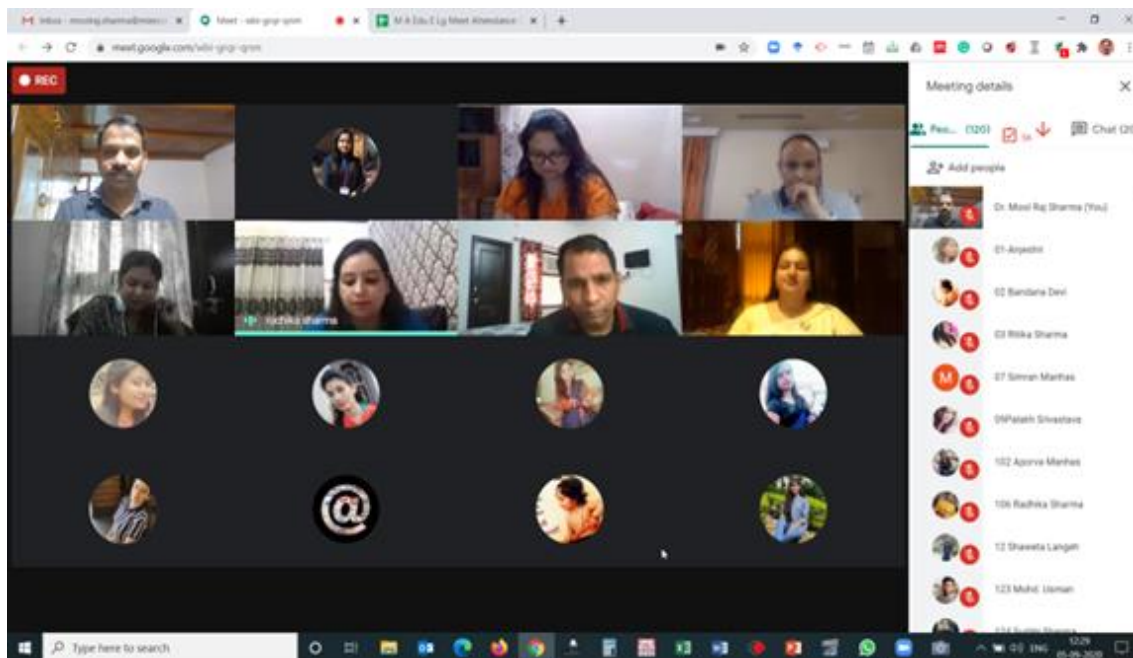
## Teacher's Day Celebration on 5th September 2020

MIER College of Education organized a Teachers Day on 5th September 2020 in which different departments of UG and PG participated in the event. Dr. Mool Raj Sharma HOD PG Department, Dr. Rohinka Sharma HOD UG Department along with faculty members and the students of MIER College of Education attended the event. The students from undergraduate and postgraduate departments participated in the event with great enthusiasm and zeal. Mrs. Komal Sharma Convener, Co-Curricular Committee formally welcomed the gathering. Mrs. Ruchika Sharma co-Curricular convener presented a formal vote of thanks.

### Glimpses of activity







**Video Link:** <https://www.youtube.com/watch?v=H5bw7Ug2Gt0>

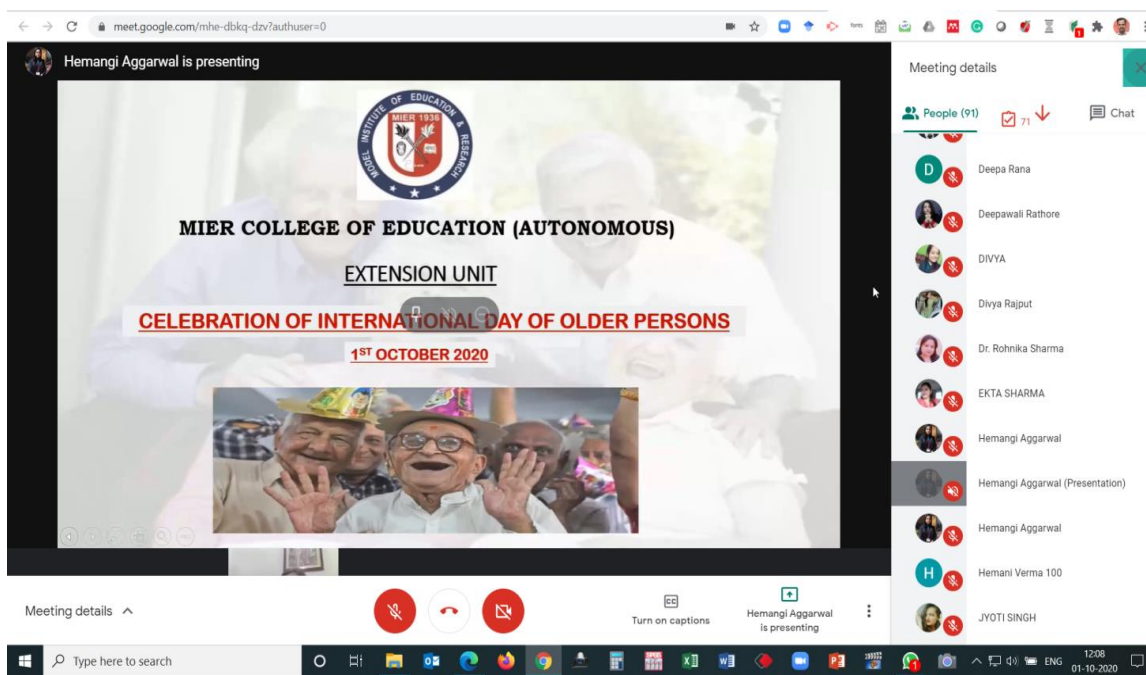
### **International Day for Older Persons Celebrated at MIER College**

To Commemorate the International Day for Older Persons the Extension Unit of MIER College of Education (Autonomous) organized an online programme. The International Day for Older Persons is celebrated to acknowledge and appreciate the contributions of older people in their families, communities and societies at large. This year's theme of the United Nations International Day for Older Persons (UNIDOP) is "Pandemics: Do They Change How We Address Age and Ageing?"

Mrs. Komal Sharma, Convener Co-Curricular Committee extended a very warm welcome to the audience and the guests. More than 10 student members of the Extension Unit along with their grandparents participated in the program under the guidance of Mrs. Suman Devi, Incharge Extension Unit. In addition to different cultural activities which included folk songs, and bhajans, the grandparents shared their experiences and actively participated in the session. They requested the teacher in charge to organize such programs in the future also. Mrs. Suman Devi Incharge Extension Unit presented a vote of thanks.

Dr. Adit Gupta, Principal MIER College appreciated the efforts of the Extension Unit and encouraged the students to participate in the outreach activities.

# Glimpses of activity



Video link: <https://www.youtube.com/watch?v=N9hEjhsBmr8>

## Sadbhawna Week Celebration from 19<sup>th</sup> to 25<sup>th</sup> November, 2021

With the purpose of fostering the spirit of Communal Harmony, National Integration and Pride among the volunteers, NSS Unit of MIER College of Education organized a series of programmes related to the celebration of National Integration Week from 19th to 25th November. Dr. Adit Gupta, Principal MIER College of Education, along with the HODs, staff members and students from all the departments of the college participated in the week long activities.

An online Rangoli competition was held on the theme 'Unity in Diversity' which was adjudged by Ms. Anu Anand and Mrs. Sunita Gandhi Art teachers, Model Academy School. First and second prize was bagged by Ms. Neha Dogra and Ms. Palak Mahajan, students of B.Ed semester III and Ms. Himangi Aggarwal student of M.Ed semester III was adjudged third.

In addition, an online patriotic singing competition was also conducted. The judges of this competition were Mr. Vivek Mohan, Music Teacher Model Academy and Mrs. Komal Sharma convener Co-curricular committee MIER. Ms. Surbhi Sharma B.Ed semester III stood first, Ms. Shakti Bala of B.Ed Special Education semester III won the second prize and the third prize was given to Ms. Sonali Sharma B.Ed semester III. A group song was also performed by the students of UG department on this occasion.

Dr Adit Gupta interacted with the NSS volunteers. He lauded the role of NSS in bringing about harmony and goodwill among the diverse cultures of India. He stressed upon the importance of the national integration in our multi-cultural society. Dr. Gupta motivated the students to involve themselves in myriad activities of social service organized by the unit and become productive members of the society.

The whole event was organized under the guidance of Dr. Reeta Dwivedi, NSS Programme Officer who also expressed her gratitude to the judges, participants and other distinguished guests. NSS volunteers from UG and PG departments participated in all the events with great fervor & zeal.





Video Link: <https://youtu.be/YZYpMyYiORE>

<https://www.youtube.com/watch?v=f14zcTvYTml>

### **Inter-section Kho-Kho Match on 05.03.2021**

Intersection Kho-Kho Match for Boys and Girls was organized by the Sports Unit, MIER College of Education B.C. Road Jammu. The students of UG (B.Ed. & B.Ed.Spl.) and PG (MA Edu., M.Ed., and M.Phil.) played the match with great enthusiasm and commitment. The meet was inaugurated by Dr. Adit Gupta, Principal of MIER College. Speaking on the occasion, Dr Adit Gupta said that sports and games are an integral part of school curriculum. A person's personality is incomplete without physical development, He exhorted, and as such the teacher trainees need to understand its significance. He encouraged the students to participate in the events in great numbers.

The students from all the wings of the college participated in great numbers. Dr Rohnika Sharma, HOD of UG and Dr. Moolraj Sharma, HOD of PG along with the staff members and the students witnessed the sports event and encouraged the participants. More than 50 students participated from all the wings of the college. Kho-Kho final match was held between 4 teams from both the departments as it was an interdepartmental activity. There were 12 participants in each team. Team A from B.Ed. semester first, led by NehaCharak won the bronze medal, Team D from MA & M.Ed. semester first led by Anjali won the silver medal. Team B from B.Ed. Spl. semester first, led by Sonika won the gold medal. The programme was organized by Mr. Kuldeep Singh, Incharge Games and Sports Unit with the PTI's Mrs. Nisha, and Mr. Imran. Overall, it was quite a colorful event and proved to be a great stimulant for the staff and students of the College.





Link for pics and videos: <https://www.youtube.com/watch?v=mKsZc70Eyzc>

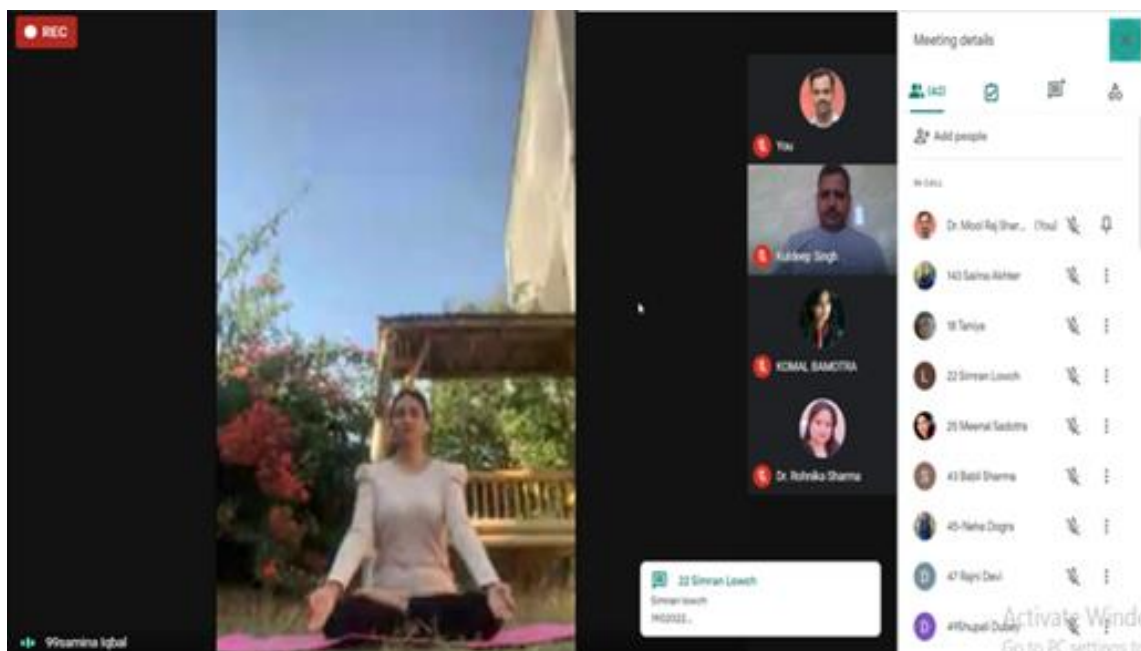
## Yoga Session on 28.11.2020

The Sports Unit, MIER College of Education organized an online Yoga Session on the theme of “Health way of life”. At the beginning of the yoga session, Ms. Komal Bamotra, Student of B.Ed. Spl. Sem 3<sup>rd</sup> said that Exercises are like prose, whereas yoga is the poetry of movements once you understand the grammar of yoga; you can write your poetry of movements”.

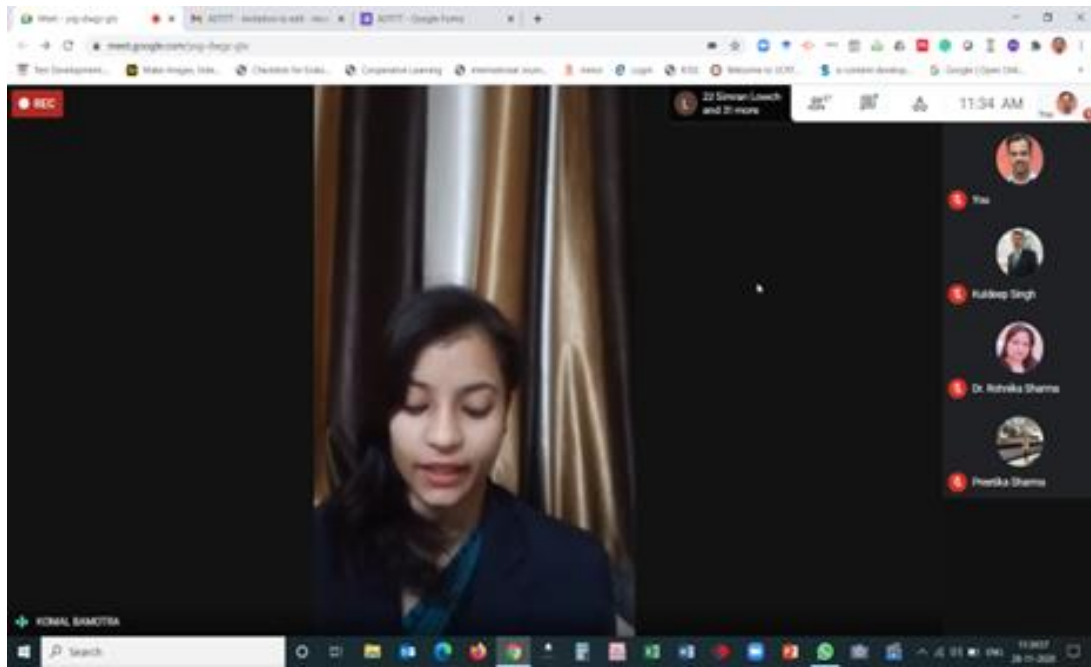
More than 100 students of UG (B.Ed. & B.Ed.Spl.) and PG (MA Edu., M.Ed., and M.Phil.) participate in this yoga session with great enthusiasm and commitment .Dr. Adit Gupta, Principal MIER College appreciated the efforts of the unit in creating awareness among student teachers and society at large through such programmes and said yoga is a physical, spiritual and mental practice that had originated in India and has been practiced by faculty and students of MIER college the for good physical and mental health .He encouraged the students to participate in the events in great numbers. The students from all the wings of the college participated in great numbers. Dr Rohnika Sharma, HOD of UG and Dr. Moolraj Sharma, HOD of PG along with the staff members and the students witnessed the sports event and encouraged the participants.

The Yoga asnas presented by Ms. Sameena Iqbal student of B.Ed. Sem 3<sup>rd</sup>, and a formal vote of thanks was presented by Ms. Naeema students of MA semester III.

The programme was organized by Mr. Kuldeep Singh, Incharge Games and Sports Unit. Overall, it was quite a colourful event and proved to be a great stimulant for the staff and students of the College.







Video Link: <https://www.youtube.com/watch?v=ib2B0NlbpYo>

Prepared By:

A handwritten signature in black ink that reads "Komal Sharma". The signature is written in a cursive style with a long horizontal stroke at the end.