


**Events Reports**  
**Session 2023-24**

 <b>MIER College of Education</b> (Autonomous) Accredited by the NAAC with 'A+' Grade	<b>EVENT REPORT</b> <b>Co- Curricular Committee</b>	<b>QF: 135</b> <b>Semester: I, III &amp; V</b> <b>Session: 2022-2024,</b> <b>2023-25 &amp; 2022-2026</b> <b>Year: 2024</b>
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<b>Date:</b> <b>25 Jan. 2024</b>	<b>Name of the Event</b> <b>Republic Day Celebration</b>	<b>Nature of Event :</b> <b>Competitive</b>
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**Activities Organised : 'Folk Dance Competition'**

**No. of Students Participated : 32**

**Attachments:** List of Participants   
 (If any) Press Release   
 Certificates

**Republic Day Celebration**

**Date: 25 Jan. 2024**

**Venue: Shri H.L. Gupta Auditorium**

**Total No of Participants: 32.**

Co-Curricular Committee of MIER College of Education celebrated Republic Day. A 'Folk Dance Competition' on theme "The Incredible India" was organized on this occasion. There were solo and paired performances. The students of School of Education & School of Social Sciences and Humanities participated in the event with great enthusiasm and zeal.

Ridham Sharma & Samridhi Rajput B.Ed Semester-III bagged the first prize, Mahi BA Hons. Psychology Semester III got the second prize & Snober and Megha Thakur B.Ed Semester III were third altogether.

. Dr. Adit Gupta, Principal and Director MIER, Mrs. Rupa Gupta, Joint Director, Dr. Moolraj Sharma COE, Dr. Nishta Rana, HOD SoE, Dr. monika Bajaj, HOD SSSH, Dr. Bharti Tandon, Dy. HoD, SoE along with faculty members and the students of both the schools attended the event. The judges of the event were Mr. Vivek Mohan and Ms. Mohini Music and Dance teachers from Model Academy School, B. C. Road.

Arti B.Ed Spl Sem.I formally welcomed the gathering. The programme was ably conducted by Monika and Sudhanshu both from B.Ed Spl Sem.I. Akarshika Bali from BA Hons. Psychology Sem. III presented a formal vote of thanks.

The whole program was conducted under the supervision of Dr. Reeta Dwivedi, Convener Co-Curricular committee and Dr. Priya Choudhary, member of the committee.



**Photographs**



**Performances by the students and winners**

**Videos' Link:**

<https://drive.google.com/drive/folders/10wAecKE6fi6tAOA0UcjLcU-MW9R4fLaH?usp=sharing>

*R. Dwivedi*  
**Prepared by:**  
**Convener CCC**

*Sushial*  
**Verified by:**  
**IQAC Coordinator**

*Nishu Monika*  
**Checked by:**  
**HOD SOE/SSSH**

**Approved By:**  
**Principal**





<b>Date:</b> 24.7.2023	<b>Name of the Event</b> <b>Photography competition</b>	<b>Nature of Event :</b> Competitive
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**Activity :** Photography competition on the theme 'Jammu: The land of Cultural Heritage'

**No. of Students Participated :** 8

**Attachments:** List of Participants

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Press Release

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Certificates

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**Report** Celebrating the rich cultural heritage of Jammu at MIER college. The Co-Curricular committee of MIER College of Education organized an event celebrating "The rich cultural heritage of Jammu the land of diversity and beauty." The main purpose of the event was to showcase the richness and diversity of Jammu's culture and heritage. The students of PG and UG department enthusiastically participated in the competition and got the opportunity to show the culture and beauty of Jammu through their photography skills.

Dr. Adit Gupta, Director and principal, MIER college, Dr. Nishta Rana and Dr. Monika Bajaj deputy HOD's of PG and UG department along with the faculty members and students attended the event.

The judges of the event were Dr. Bharti Tandon, Associate professor MIER College of Education and Mrs. Jyoti Sharma, Assistant professor MIER College of Education. Around 8 students participated in this event. Chavi Padha of B.Ed Sem II presented the formal welcome. Following which students displayed their PowerPoint presentations based on cultural legacy of Jammu province which included images of traditional cuisines, clothing, temples, jewelry and land marks. Dr. Adit Gupta, Director and principal, MIER college appreciated the efforts of the participants and distributed the certificates based on the results given by the jury members, Ms. Anjali Jain of B.Ed semester II clinched the first position, Ms. Khushi Sharma of B.Ed semester IV got the second position, whereas Ms. Shruti Bhasin B.Ed semester II secured the third position. All the participants were awarded with the certificates of participation.

Shruti Bhasin, Ritika Dubey students of B.Ed semester II ably conducted the programme and a formal vote of thanks was proposed by Shivangi Raj Metla B.Ed semester II. The programme was ably organized by Mrs. Komal Sharma, Convener of Co-Curricular committee.





Participant displaying the photographs through PPT



Awardees along with Principal and faculty

Link: <https://www.facebook.com/100064090051222/posts/pfbid021L7nBhiqQPxXpqX1VpL8fHbeEDRrHbmQqrewhahwEMn4oXXSnHWgSTkCAQzM9V2RI/>

Prepared by:

*Komal Sharma*

Komal Sharma  
Convener, Co-Curricular Committee. 24/7/23.







**MIER College of Education**  
(Autonomous)  
Accredited by the NAAC with 'A+' Grade

**EVENT REPORT**  
(Environment Unit)

QF: 135  
Year: 2023 -24

**Date:** 29-02-2024

**Name of the Event**  
Visit to Botanical Garden

**Nature of Event :**  
Non-Competitive

**Activities Organised :** Visit to Botanical Garden in University of Jammu

**No. of Students Participated :** 36

**Attachments:**

List of Participation  
Press Release  
Certificate

Yes
No
No

## Report

A group of 36 students from MIER College of Education visited the Botanical Garden at the University of Jammu, Jammu. The purpose of the visit was to enhance students understanding of plant diversity, conservation, and sustainable practices. The visit commenced with a guided tour by Dr. Sajan Thakur, In-Charge Botanical Garden, and botanical garden staff, who provided insights into the various sections of the garden. Students were able to observe a wide range of plant species, including rare and endangered ones. The staff also explained the importance of conserving native plant species and the role of botanical gardens in research and education.

Dr. Thakur enthusiastically shared insights about a variety of medicinal and ornamental plants, captivating the students with fascinating facts and stories. He also showcased plants that have existed on Earth since the Jurassic period and even earlier, adding an intriguing dimension to the botanical tour.

Throughout the tour, students engaged in lively discussions concerning environmental conservation and the ramifications of human actions on plant biodiversity. Their visit to the Botanical Garden offered a tactile learning opportunity, enriching their comprehension of plant diversity, preservation, and sustainable practices. It granted them valuable insights into the significance of safeguarding indigenous plant varieties and the pivotal role botanical gardens play in advancing research and educational initiatives.

Furthermore, the visit spurred students to engage proactively in environmental conservation endeavours and advocate for sustainable practices in their daily lives. They expressed interest in organizing similar visits in the future, demonstrating a commitment to fostering plant biodiversity conservation efforts. The visit to the Jammu University Botanical Garden proved instrumental in shaping the learning journey of MIER College students, instilling in them a deeper appreciation for ecological protection and management.

Dr. Adit Gupta, Principal, MIER College appreciated the efforts of the unit in conducting this informative visit and said that such visits play a crucial role in educating students about the importance of preserving plant biodiversity and promoting sustainable practices for a greener future. Mrs. Suman Gupta, in charge Environment Unit, successfully organized the visit.



Prepared by:  
In Charge  
Environment Unit



## Photographs



**Group of students visited Botanical garden, Jammu University**



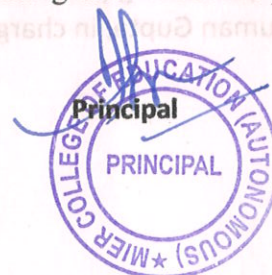
Dr. Sajan Thakur, In-Charge Botanical garden oriented the students of MIER College about various medicinal plants, ornamental plants, old trees and various fascinating facts about the plants.

Prepared by:

*Suman*  
29-2-24

In Charge

Environment Unit







**MIER College of  
Education**  
(Autonomous)

Accredited by the NAAC with 'A+' Grade

**EVENT REPORT  
(Environment Unit)**

QF: 135  
Year: 2023 -24

<b>Date:</b> 07-12-2023	<b>Name of the Event</b> Visit to Sher-e-Kashmir University of Agricultural Sciences and Technology (SKUAST)	<b>Nature of Event :</b> Non-Competitive
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**Activities Organised :** An awareness program on the methods and techniques regarding organic farming systems and vermicomposting

**No. of Students Participated :**

**Attachments:**

List of Participation  
Press Release  
Certificate

Yes
No
No

## Report

The Environment Unit of MIER College of Education organised a visit to the Sher-e-Kashmir University of Agricultural Sciences and Technology (SKUAST), Jammu Campus, Jammu on 7<sup>th</sup> December 2023. The visit was organized with the primary aim of educating and enlightening students on sustainable agricultural practices, innovative methodologies, and the implementation of organic farming techniques, particularly emphasizing the significance of vermicomposting in contemporary agriculture.

More than 30 students from both the School of Education and the School of Social Sciences and Humanities participated in the visit. Professor S.K. Singh from Plant Pathology and Mr. Neeraj Singh, Technical Officer at SKUAST-J, were the resource persons. The experts explained to them about soil mulching, bio-pesticides, neem niboli and apple spray, etc. Special emphasis was laid on the implementation and benefits of vermicomposting - an eco-friendly process that utilizes earthworms to convert organic waste into nutrient-rich compost, thereby promoting sustainable farming practices. The produced compost, rich in nutrition, is widely used as a bio-fertilizer in organic farming and sewage treatment plants. This was followed by an interaction session where experts and field workers clarified doubts and answered queries.

The visit was conducted under the supervision of Mrs. Suman Gupta, In-Charge Environment Unit. She formally thanked Professor S.K. Singh and Mr. Neeraj Singh for their cooperation and support.

Dr. Adit Gupta, Principal, appreciated the efforts of the Unit in conducting this awareness programme and said that visiting an agriculture university provides students with a hands-on and real-world experience, allowing them to see sustainable agricultural practices, technologies, and research in action. This educational visit exemplified a significant step forward in the ongoing commitment of MIER College of Education to empower students with practical knowledge and insights into sustainable environmental practices.



**Photographs**



**Group of students of MIER College visited Sher-e-Kashmir University of Agricultural Sciences and Technology (SKUAST)**



**Professor S.K. Singh from Plant Pathology awarded the MIER students regarding methods and techniques for organic farming systems and vermicomposting**


**Prepared by:**

*Suman Kishor*  
In Charge 7-1-24

**Environment Unit**





	<b>MIER College of Education</b> (Autonomous) Accredited by the NAAC with 'A+' Grade	<b>EVENT REPORT</b> <b>(Extension Unit)</b>	QF: 135 Semester: 1 <sup>st</sup> &3 <sup>rd</sup> Session:2022-2024 & 2023-2025 Year: 2024
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<b>Date:</b> 08-04-24	<b>Name of the Event</b> • World Health Day	<b>Nature of Event :</b> Non-Competitive
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**Activities Organised :** Organized medical camp and health check-up

**No. of Students Participated :** 25

**Attachments:** List of Participants  
 (If any) Press release  
 Certificates

<input checked="" type="checkbox"/>
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### Report

To commemorate the World Health Day, the Extension Unit of MIER College of Education (Autonomous) organized a free health camp and a sensitization lecture for its students and villagers of the adopted village at Purkhoo, Domana. Medical professionals from the Directorate of Ayush, Govt. Ayurvedic Hospital, Jammu, led by Dr. Vimal Sharma and Dr. Manju Bhat conducted the camp, assisted by supervisor Sh. Vijay Kumar Bhatt. Around 25 students from the School of Education of the MIER College attended the camp.

Ms. Snober student of B.Ed. Semester III welcomed the medical team, local officials, sarpanch, students and villagers. Dr. Vimal Sharma Medical Officer provide insights on common health issues, ayurvedic treatments and immunity boosters.

During the general medical check-up of the residents, 142 inhabitants were diagnosed with various ailments such as anemia, blood pressure, sugar, gastric issues etc. Free medicines and immunity kits were distributed among the villagers. Ms. Shalini semester III, extended a formal vote of thanks.

Both students and villagers actively engaged in the health camp and sensitization session. Mrs. Suman Devi, In-charge Extension Unit, expressed her gratitude to the resource persons, and the participants for their support in the successful organization of the event.

Dr. Adit Gupta, Principal of MIER College appreciated the efforts of the unit and thanked the doctors and their medical team's contribution to the event's success.



Glimpses of activity



Group photograph of medical staff, sarpanch and along with supervisor




Free health check-up and distributed free medicines to the villagers

*Bhuvan Datta*  
In-Charge Extension Unit

*Nishu* *Monika*  
HOD SOE & SSSH

*[Signature]*  
Principal  
MIER COLLEGE OF EDUCATION (AUTONOMOUS)  
PRINCIPAL

 <p><b>MIER College of Education</b> (Autonomous) Accredited by the NAAC with 'A+' Grade</p>	<p><b>EVENT REPORT</b> <b>(Extension Unit)</b></p>	<p>QF: 135 Semester: 1<sup>st</sup> &amp; 3<sup>rd</sup> Session: 2021-2023 &amp; 2022-2024 Year: 2024</p>
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<p><b>Date:</b> 21-02-24</p>	<p><b>Name of the Event</b></p> <ul style="list-style-type: none"> <li>● Importance of voting and Rights of a voter</li> </ul>	<p><b>Nature of Event :</b> Non-Competitive</p>
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**Activities Organised:** Sensitization programme at adopted village

**No. of Students Participated :** 50

**Attachments:** List of Participants  
(If any) Press release  
Certificates

<input checked="" type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>

### Report

The Extension Unit of MIER College organized a sensitization programme on the theme of " the importance of voting and rights of a voter" at its adopted village, Purkhoo, Jammu. The event was held on February 21, 2024. Led by Mrs. Suman Devi, 50 student members engaged villagers in an insightful dialogue.

Ms. Aashiya, a student in B.Ed. Semester I, welcomed the Sarpanch, Panch, and audience. A dedicated group comprising students from the School of Education and the Social Sciences and Humanities, including Ms. Chavi, Ms. Shivangi and Ms. Palak, from B.Ed. Spl. Education, alongside Ms. Pritibha from B.A. Political Science Semester III enlightened the residents about their voting rights and its significance. They emphasized, that voting is a pivotal tool in empowering individuals to actively participate in shaping national decisions. Stressing its importance as a civic duty, they highlighted its role in holding politicians accountable and fortifying the democratic framework of our nation.

The villagers, along with local leaders, lauded the initiative, acknowledge MIER College's dedication to societal causes and youth education. Ms. Sonia a student from M.Ed. Semester III, proposed a formal vote of thanks, while Mrs. Suman Devi expressed gratitude to all participants.

Dr. Adit Gupta, Principal of MIER College, commended the unit's endeavors in fostering awareness about voting rights, highlighting the significance of such initiatives in fostering informed citizenship and democratic engagement among rural communities.



Glimpses of activity



Group photograph with Sarpanch, panchs along with students




Mrs. Suman Devi incharge Extension Unit expressed gratitude to all participants.

*Suman Devi*  
In- Charge Extension Unit

*Nishu* *Har*  
HOD SOE & SSSH





 <b>MIER College of Education</b> (Autonomous) Accredited by the NAAC with 'A+' Grade	<b>EVENT REPORT</b> <b>(Extension Unit)</b>	QF: 135
		Semester: 3 <sup>rd</sup>
		Session: 2021-2023
		Year: 2023

Date:	Name of the Event	Nature of Event :
06-12-23	<ul style="list-style-type: none"> <li>Nukkad Natak on AIDS Awareness</li> </ul>	Non-Competitive

**Activities Organised:** Nukkad Natak on AIDS Awareness at adopted village

**No. of Students Participated :** 26

**Attachments:** List of Participants  
 (If any) Press release  
 Certificates

<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/>

### Report

The Extension Unit of MIER College continues its commitment to community welfare by organizing an impactful Nukkad Natak (street play) centered around the critical theme of "AIDS and HIV" at its adopted village, Purkhoo, in Jammu. The event, held on 6th December 2023, was designed with a primary focus on spreading awareness about AIDS, emphasizing prevention measures, and combating the stigma associated with the disease. A group of about 26 student members of the unit, along with their In-charge Mrs. Suman Devi, visited the village.

Ms. Snober, a student B.Ed. Semester III, welcomed the Sarpanch, Panch, and audience. Through the Nukkad Natak, the student showcased the mindset of people towards AIDS and HIV patients, the psychological trauma of stigmatization and discrimination experienced by them. The performance showcased real-life scenarios, shedding light on the misconceptions surrounding AIDS, advocating for safe practices, and promoting empathy and support for those living with HIV/AIDS. They also highlighted the treatment options available and different medical schemes for such patients.

The villagers, along with Panch and Sarpanch, expressed their gratitude to the students and the Extension Unit of the college for taking up social causes and educating the youth. Ms. Bhavya, student B.Ed. Semester III, proposed a formal vote of thanks.

Dr. Adit Gupta, Principal MIER College, appreciated the efforts of the Unit in spreading awareness among the villagers regarding AIDS and HIV and said that providing an opportunity for villagers to come together, learn, and engage in discussions. Such endeavors contribute significantly to spreading awareness and fostering a more informed and supportive community.



Glimpses of activity



A photograph on presenting nukkad natak




A group photograph among villagers and Students

Prepared by:  
In-Charge Extension Unit

*Seema Devi*





 <b>MIER College of Education</b> (Autonomous) Accredited by the NAAC with 'A+' Grade	<b>EVENT REPORT</b> <b>(Extension Unit)</b>	QF: 135
		Semester: 3 <sup>rd</sup>
		Session: 2021-2023
		Year: 2023
<b>Date:</b> 06-11-23	<b>Name of the Event</b> • Swacchata Abhiyan	<b>Nature of Event :</b> Non-Competitive

**Activities Organised :** Conducted an outreach activity on cleanliness drive

**No. of Students Participated :** 22

**Attachments:** List of Participants   
 (If any) Press release   
 Certificates

### Report

The Extension Unit and Environment unit of MIER College of Education (Autonomous) in collaboration with Jammu Municipal Cooperation organized a Swacchata Abhiyan at Purkhoo village on 6<sup>th</sup> November, 2023. The village has been adopted as part of the community development programme of the college. The college has always been at the forefront in undertaking ventures that can change the lives of the deprived sections to the challenges involved in sanitation and to make the environment safe and clean.

22 students from both SOE and SSSH and Mr. Anup Sharma, sanitary inspector and their 15 members of JMC participated in the event. The main aim of the cleanliness drive was to promote awareness regarding cleanliness and to dissuade people from open defecation. The students oriented the residents regarding waste management, segregation and disposal of waste along with the importance of personal hygiene.

Mrs. Suman Devi, Incharge Extension Unit, and Mrs. Suman Gupta, Incharge Environment Unit successfully organized the programme and formally thanked the Sarpanch and residents for their cooperation and support.

Dr. Adit Gupta, principal, MIER appreciated the efforts of the Units in conducting such pertinent activities for the community.



Glimpses of activity



Students cleaning the village road




Group photograph collaboration with JMC Officials

Prepared by:  
In-charge Extension Unit

*Sharon Devi*





 <b>MIER College of Education</b> (Autonomous) Accredited by the NAAC with 'A+' Grade	<b>EVENT REPORT</b> <b>(Extension Unit)</b>	QF: 135
		Semester: 3 <sup>rd</sup>
		Session: 2021-2023
		Year: 2023

Date:	Name of the Event	Nature of Event :
17-08-23	<ul style="list-style-type: none"> <li>Awareness Program on 'Tuberculosis and its Precautions and Treatment'</li> </ul>	Non-Competitive

**Activities Organised: Awareness Program on 'Tuberculosis and its Precautions and Treatment' by MIER College**

**No. of Students Participated : 15**

**Attachments:** List of Participants  
 (If any) Press release  
 Certificates

<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/>
<input checked="" type="checkbox"/>

### Report

The Extension Unit of MIER College of Education organized an awareness programme by conducting a guest lecture on the theme "Tuberculosis and its Precautions and Treatment" at its adopted village Purkhoo. The main aim of this programme was to develop awareness regarding tuberculosis and its devastating health, social and economic consequences, in addition to its preventive measures. Around 15 students from the School of Education, MCE, participated in the activity along with their incharge, Mrs. Suman Devi. Dr. Manju Bhat, medical officer at the Govt. Ayurvedic Hospital, was the resource person for the programme.

Dr. Manju Bhat comprehensively deliberated on the topic and explained that tuberculosis (TB) is a bacterial infection caused by Mycobacterium tuberculosis. It primarily affects the lungs but can also affect other parts of the body. TB is a contagious disease that spreads through the air when an infected person coughs or sneezes. Its causes, symptoms, types, precautions, and medication were briefly clarified. She also shared some preventive measures to reduce the risk of spreading TB among village people. In addition, Dr. Manju provided important guidelines and said that TB is not a lifelong infection and can be cured by eating healthy, taking regular medication and seeking professional guidance.

Ms. Mansi Verma, a B.Ed. student, also highlighted that it is a contagious disease caused by airborne bacteria and explained how people of different age groups can protect themselves from the infection.

Dr. Adit Gupta, Principal MIER College, appreciated the efforts of the unit and thanked the doctors for the successful organization of the awareness programme. Earlier Ms. Khushi Sharma, student B.Ed. 4<sup>th</sup> Semester, a warm welcome to the resource person. Mrs. Suman Devi, In-charge Extension Unit, expressed her gratitude to the resource person, students, school staff and villagers for their active participation and support in the successful organization of the event.



Glimpses of activity



A group photograph with resource person and villagers




Lecture delivered by resource person among villagers and Students

Prepared by: *Suman Devi*  
Suman Devi





 <p><b>MIER College of Education</b> (Autonomous) Accredited by the NAAC with 'A+' Grade</p>	<p><b>EVENT REPORT</b> (Extension Unit)</p>	<p>QF: 135 Semester: 3<sup>rd</sup> Session: 2021-2023 Year: 2023</p>
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<p><b>Date:</b> 08-08-23</p>	<p><b>Name of the Event</b> • Promotion of Millets and Anemia Awareness Campaign</p>	<p><b>Nature of Event :</b> Non-Competitive</p>
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**Activities Organised:** Promotion of Millets and Anemia Awareness Campaign at MIER College

**No. of Students Participated :** 80

**Attachments:** List of Participants   
 (If any) Press release   
 Certificates

**Report**

The Extension Unit of MIER College of Education (Autonomous) organized an awareness campaign in collaboration with the Ayush Department, Govt. Ayurvedic Hospital Jammu, on August 8, 2023 at MIER. The theme was "Millet Promotion and Anemia Screening". Dr. Shivani Padha and Dr. Amardeep Kour, Medical Officer, Govt. Ayurvedic Hospital, were the resource persons, along with their interns, namely Mr. Sudhir Singh, Mr. Adil Farooq Malik, Miss Ananya Rajput, Miss Anuradha Choudhary and Miss Parul, who helped in conducting the program.

Around 80 students from School of Education and School of Social Sciences and Humanities, MCE, attended the awareness campaign. Dr. Shivani Padha, comprehensively deliberated upon the usage of millets in our diet, which could help in controlling and curing many non-communication diseases. Dr. Amardeep Kour, talked about anemia, its causes and remedial measures. She also shared information about various ayurvedic medicines and immunity boosters. Free medicines and immunity kits were distributed among the students, teachers and Class IV employees.

Earlier, Dr. Rohnika Sharma HOD, School of Education, formally welcomed the resource persons. Mrs. Suman Devi, Incharge, Extension Unit formally presented a formal vote of thanks.

Dr. Adit Gupta, Principal MIER College, appreciated the efforts of the unit and thanked the doctors and their medical team for the successful organization of the campaign and distribution of medicines.



Glimpses of activity



A group photograph with staff and team of doctors



Distributing free medicines to students

Prepared by: *Suman Devi*  
Suman Devi







## **MIER COLLEGE OF EDUCATION (Autonomous)**

Permanently Affiliated to the University of Jammu

Accredited by the NAAC with 'A+' Grade

### **NSS UNIT**

#### **7-Day NSS Special Camp (16.2.24 – 24.2.24) Report**

##### **Theme: Youth for Rural Reconstruction and Eco-development**

The Seven-day NSS camp was organised by the NSS unit of MIER College of Education which revolved around the theme 'Youth for Rural Reconstruction and Eco Development.' This camp served as a platform for young individuals to actively contribute to the betterment of rural communities and the promotion of eco-friendly practices. A total of 50 NSS volunteers participated in the camp.

##### **Day 1**

On the first day of the NSS camp, the morning began with a serene prayer and an invigorating yoga session. The camp was officially inaugurated by Prof. Adit Gupta, Director and Principal, MIER College of Education in the presence of HoD and Deputy HoD of School of Education and School of Social Sciences and Humanities. Dr Komal Sharma, Programme officer, NSS extended gratitude to the Principal and HODs on this occasion. The volunteers were oriented to the objectives of the camp, emphasizing the importance of community service and personal growth. Afterwards, a cleanliness drive was organized, outside the MIER campus, around KC Chowk and the vegetable market, where all the volunteers actively participated in maintaining the cleanliness of the surroundings. Following the drive, a well-deserved lunch break was provided. In the afternoon, the participants engaged in 'Shramdaan', a voluntary contribution of physical efforts towards a noble cause. This activity aimed to instil a sense of responsibility and selflessness among the participants. As the day progressed, duties were assigned for the valedictory day, ensuring that everyone had a role to play in the successful culmination of the camp. Participants enthusiastically prepared for the upcoming event, showcasing their dedication and teamwork. Overall, the first day of the NSS camp was filled with meaningful activities, fostering a spirit of service and camaraderie among the participants.

##### **Day 2**

To set a positive tone for the day, the camp started with a peaceful morning prayer. After that, a rejuvenating yoga session was conducted to energize the bodies and minds of the volunteers. Afterwards, an exciting badminton match was organized where everyone showcased their skills and had a great time competing against each other. In the spirit of environmental consciousness, all volunteers participated in a waste segregation and disposal activity. Various methods such as rainwater harvesting, the usage of solar lights and the usage of 5-star ACs, which are promoted on the college campus were explained and showcased. A skit was performed by the volunteers portraying the importance of waste segregation. It was a valuable opportunity to learn about proper waste management and contribute to a cleaner



environment. Following that, volunteers engaged in shramdaan and collectively worked on various tasks to improve the campsite and make it more welcoming for everyone. Toward the end of the day, all the volunteers discussed and prepared for the activities to be held on the next day of the camp.

### **Day 3**

Day 3 started with a peaceful morning prayer and a rejuvenating yoga session. After that, a lecture on environmental issues was conducted by the resource person Professor Nishta Rana, the HOD of the School of Education. The lecture was highly interactive, knowledgeable and eye-opening, where several types of environmental pollution were discussed, and stress was laid on how to prevent it. Following the lecture, there was a poster-making competition on the theme of 'Eradicating social evils: Drug addiction and Alcoholism'. The judges of the competition were Dr Reeta Dwivedi, Convener, Co-curricular Committee, MIER College of Education and Neerja Manhas Senior Secondary Teacher in Painting, Model Academy School. It was a great opportunity for the volunteers to showcase their creativity and raise awareness about important issues. The first prize was won by Shivangi Raj Metla of B.Ed. Sem III, the second prize was bagged by Azra Khatoon from B.Ed. Sem III, the third prize was won by Ridham of B.Ed. Sem III and Consolation prize was given to Kanureet of B.A. (Hons.) Psychology Sem V. The day also included shramdaan, where everyone worked together on various tasks to improve the campsite. It was a wonderful display of teamwork and a chance to make a positive impact. Later, there was a practice session for the activities to be held on the next day of the camp. And of course, there was a well-deserved lunch break to refuel and recharge for the rest of the day.

### **Day 4**

The day started with a serene and uplifting morning prayer, setting a positive tone for the day ahead. A rejuvenating yoga session was conducted, helping participants relax their minds and bodies while promoting overall well-being. Later, the group visited the adopted village of Purkhoo, where they had the opportunity to interact with the local community and understand the challenges they face. An informative session was held, using mass media to raise awareness about disability. This aimed to foster inclusivity and understanding within the community. Five students sensitized the villagers with their thoughts on the importance of voting. This interactive session encouraged participants, villagers, the principal, staff and students at the government school to engage actively in the democratic process. Participants dedicated time to practice for the upcoming valedictory session, ensuring a memorable and impactful closing ceremony for the NSS camp. A well-deserved break was taken for lunch, allowing everyone to recharge and refuel for the rest of the day's activities.

### **Day 5**

The day began with a soulful morning prayer, bringing a sense of peace and unity among the participants. A refreshing yoga session was conducted, helping everyone find balance and harmony within themselves. Later, the volunteers visited Domana Village, where they engaged with the locals and shared knowledge about the importance of cleanliness followed by a cleanliness drive. This interaction aimed to empower the community and encourage collective action. A thought-provoking street play was performed, highlighting the consequences of the misuse of social media. This aimed to create awareness and encourage



responsible online behaviour. Eye-catching posters were displayed, shedding light on the importance of eradicating social evils such as drug addiction and alcoholism. This aimed to educate and inspire positive change within the community. Participants dedicated time to practice for the valedictory session, ensuring a memorable and impactful closing ceremony for the NSS unit. Day 5 of the NSS camp focused on spreading awareness and empowering change.

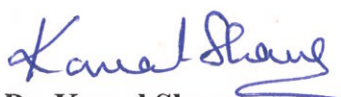
#### **DAY 6**

The day began with a peaceful and energising session of prayer and yoga. After the refreshing yoga session, it was time to learn about composting. The process of turning organic waste into valuable compost that can nourish the soil was explained to the NSS volunteers. Additionally, the participants performed the natural process of recycling organic matter, such as leaves and food scrap, into a valuable fertilizer that can enrich soil and plants within the college campus. As part of our commitment to selfless service, a special activity was planned for the students. After engaging in such an informative activity, it was sports time. Tug of war and kho-kho were organized for the students to give them a delightful experience. Lastly, the students prepared for the valedictory ceremony.

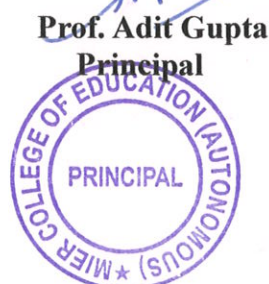
#### **DAY 7**

The day started with a morning prayer, setting a positive and peaceful tone for the day ahead. Afterwards, the NSS volunteers engaged in a refreshing yoga session, embracing the power of mindfulness and physical well-being. Followed by the display of posters made by the volunteers on the theme "Eradicating social evils like drug addiction and alcoholism" and "Raising awareness about disability using mass media". Later a valedictory programme was organised for the conclusion of the camp to celebrate and honour the hard work, dedication, and accomplishments of every volunteer. The valedictory program served as a platform to express gratitude to the organizers, mentors, and volunteers who made the camp a resounding success. Dr Heema Gandotra, NSS Programme Coordinator, University of Jammu was the chief guest. It included singing performances, musical dance performances and cultural dance performances. Programme Officer Dr Komal Sharma presented the report of the 7-day camp followed by a video show depicting the various activities of the camp. Certificates were provided to the winners of the poster-making competition held during the camp.

During the programme, participants were recognised for their contributions and achievements throughout the camp. It was a heartwarming moment to see the smiles and pride on the faces of the volunteers as they received their well-deserved accolades. The valedictory programme also provided an opportunity for participants to share their experiences and express their gratitude to everyone involved.



**Dr. Komal Sharma**  
NSS Programme Officer  
NSS Unit  
(MIER College of Education)





**PHOTOGRAPHS OF SEVEN DAY NSS SPECIAL CAMP (16-02-2024 to 24-02-2024)**

**DAY 1 (16-02-24)**



Prof. Adit Gupta, Principal Inaugurating NSS Camp-2024



Dr. Komal Sharma, NSS PO Orienting about the Objectives of the Camp



Inaugural Address by the Principal



Volunteers Performing Yoga





Cleanliness Drive at Vegetable Market



Volunteers Helping in Refreshment Distribution



Volunteers Performing Yoga



Inaugural Address by the Principal



**DAY 2 (17-02-24)**



**Volunteers Participating in Sports Activity- Badminton**



**A Play on Waste Segregation**



**Waste Disposal Activity by Volunteers**



**Activity on Importance of Rain Water Harvesting**



DAY 3 (19-02-24)



Guest Lecture on Environmental Issues and their Prevention by Prof. Nishta Rana, HoD School of Education



Poster Making Competition on the theme 'Eradication of Social Evils: Drug Addiction and Alcoholism'



Shramdaan by NSS Volunteers



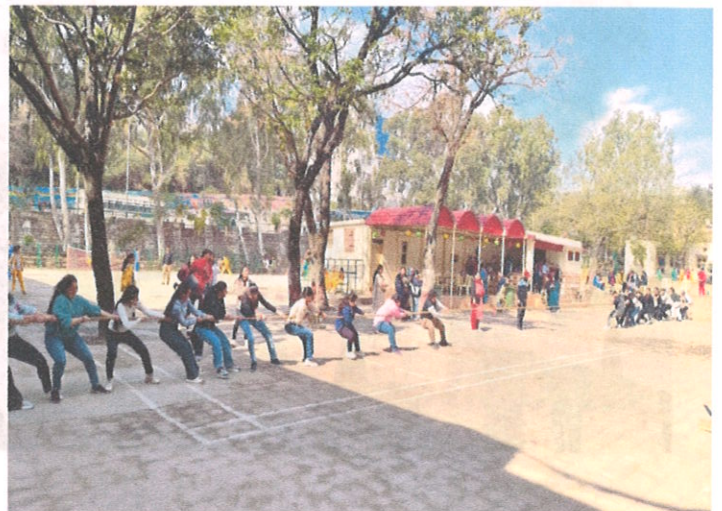
05-10-12 2 7/11

DAY 4 (21-02-24)



Organization of School Staff, Students and Village on the Importance of Vermi

An Activity for NSS Volunteers on Vermi Composting



A welfare Program by Volunteers on Disability in Lucknow village.

Sports Event: Tug of War



**DAY 5 (21-02-24)**



**Sensitisation of School Staff, Students and Villagers on the Importance of Voting**



**Awareness Programme by Volunteers on Disability at Purkhoo village.**



**DAY 6 (23-02-24)**

Display of Posters



**Morning Prayer- a Regular Feature**



**Yoga Session**



**NSS volunteer performing a Street Play on the Theme 'Misuse of Social Media' at Domana Village.**



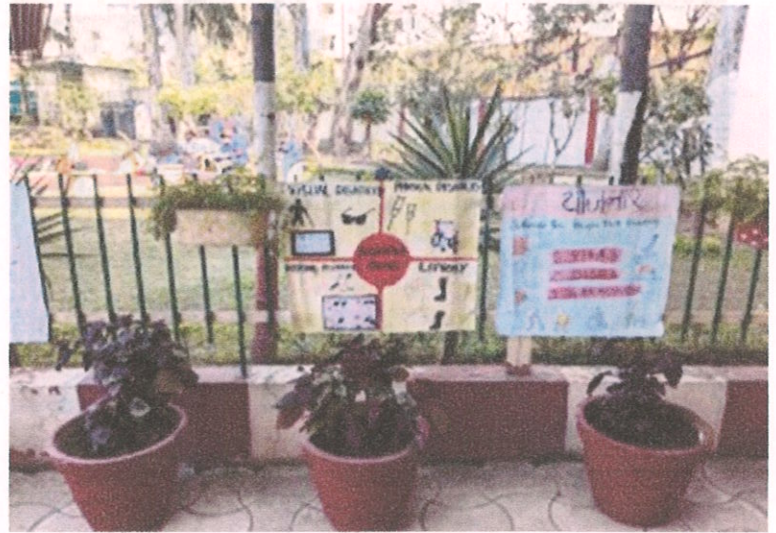
Prize Winners Receiving Certificates

The Dignitaries and Audience during Valedictory



**DAY 7 (24-02-24)**

**Display of Posters**



**Posters Display on Eradication of Social Evils and Disability**

**Valedictory Programme**



**The Dignitaries and Audience during Valedictory**

**Prize Winners Receiving Certificates.**





Group Dance Presentation on the Theme “Women Empowerment”

NSS Volunteer Singing the ‘NSS Song’



NSS Volunteers presenting a skit on the theme ‘Alcoholism and Drug Abuse’





NSS Program Officer Presenting a Comprehensive Report of Seven Day NSS Special Camp along with a Video Presentation



NSS Volunteers Presenting Maharashtrian Folk Dance 'Lavani'



NSS Volunteers Presenting Kashmiri Folk Dance 'Rouf'

NSS Volunteers presenting a skit on the theme 'Alcoholism and Drug Abuse'



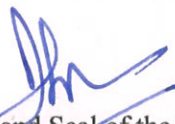


Formal Vote of Thanks by Ms. Sonika-Member NSS Unit



Group Photo of NSS Volunteers

*Kamal Shamsi*  
Programme Officer  
NSS

  
Signature and Seal of the Principal







**MIER College of Education**  
(Autonomous)  
Accredited by the NAAC with 'A+' Grade

**EVENT REPORT**  
**Co-Curricular Committee**

QF: 135  
Semester:  
Session:  
Year:

<b>Date:</b> 24.11.23	<b>Name of the Event</b> National Integration Week (19.11.23-24.11.23)	<b>Nature of Event :</b> Competitive & Non-Competitive
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**Activities Organised:** Inter-College Performance Poetry Competition

**Attachments:**

Inter- Department Patriotic Dance competition

List of Participants

Inter- Department Cultural Dress competition

Press Release

Fund Raising

Certificates

**No. of Participants:** 23

Report: The NSS Unit of MIER College of Education observed National Integration Week from November 19 to 25, 2023. The main events organized during the week were an inter-college poetry recitation competition, an interdepartmental patriotic dance competition, and an interdepartmental competition on cultural attire. Dr. Adit Gupta, Principal and Director MIER, along with the heads of the School of Education and the School of Social Sciences and Humanities, Deputy HoD of SOE, staff members, and students of all the departments attended the events.

Over twelve NSS volunteers from different institutions in Jammu participated in the Patriotic Poetry Recitation Competition. Dr. Aksa Rao, Associate Professor and Head, Department of English, Government Degree College Akhnoor, Dr. Anupama Sharma, Associate Professor, Department of Hindi, Government College for Women Parade Ground, and Mr. J. R. Sagar, Director, and approved artist for Doordarshan and Radio, were the jury members of the event. Based on the results given by the jury members, Mr. Nirbhay Khajuria of MIER College won the first prize, Ms. Charanpreet Kour of GCW Parade Ground won the second prize, and Ms. Ayushi Kesar of Shivalik College of Education, Udhampur, won the third prize.

The second event was the Inter-Departmental Patriotic Dance Competition, and the judges were Mr. Tarun Sayal, MD, Strenuous Dance Academy and Aerobic Centre, and Ms. Mohini Thapa, Dance Teacher, Model Academy School. The winners of B.A. Honors Psychology Semester I and B.A. Honors English Semester III were first, third and second, respectively.

The last event was an Inter-departmental Cultural Dress Competition wherein 11 students participated, and the jury members for the said competition were Professor Rohnika Sharma, HoD School of Education, and Mrs. Manju Vali, Manager Academics and Convener Co-Curricular Committee, Model Academy School. In this event, Mr. Nirbhay Khajuria of B.A. Honors Psychology Semester V and Ms. Aatifa Nisar of B.A. Hons. Psychology Semester I stood first, Ms. Kanureet of B.A. Hons. Psychology Semester V won the second prize, Ms. Aditi of B.A. Hons. Psychology Semester V and Ms. Keerthi B.A Honors Psychology Semester I won the third prize. The judges of all the events were honoured with mementos and appreciation certificates. All the winners were awarded trophies and certificates for their achievements and participation. The fundraising event on Flag Day, wherein more than 200 flags were sold, marked the end of Integration Week celebrations.

During his interaction with the NSS volunteers, Professor Adit Gupta lauded the NSS's contribution to fostering unity in diversity across India's various cultural communities. He encouraged them to engage in the many social service activities organized by the unit and to become contributing members of society, emphasizing the value of national integration in our multicultural society. Mrs. Komal Sharma, NSS Program Officer and Ms. Sonika Kumari, Member NSS Unit, organized the event.



Year  
Session  
Semester  
Of: 132

EVENT REPORT  
Co-Curricular Committee

MIR College of Education  
(Autonomous)  
A. Credited by the NAAC with 'A' Grade



No. of Participants: 23

Participants of Fancy dress competition

Awardees of Inter college Performance  
Poetry Competition

Video link of the activity: <https://fb.watch/rfer0s2yFy/>

Prepared by:

*Komal Sharma*

Report: The NSS Unit of MIR College of Education observed National Integration Week from November 19 to 25, 2024. The NSS Unit organized various activities to promote national integration and social harmony among students from different institutions in Jammu participated in the Patriotic Poetry Competition. Dr. Akshay Sharma, Associate Professor and Head, Department of English, Government Degree College, Alnora, Dr. Anupama Sharma, Associate Professor, Department of Hindi, Government College for Women, Paro Ground, and Mr. J. R. Sagar, Director, and approved artist for Goodarshan and Rishi, were the jury members of the event. Based on the results given by the jury members, Mr. Nirbhay Khajuria, Member of the event, Ms. Charanpreet Kaur of GCW Paro Ground won the second prize and Ms. Anjali Katar of Shivaji College of Education, Udhampur, won the third prize.

The second event was the Inter-Departmental Patriotic Dance Competition, and the judges were Mr. Tanuj Sayal, MD, Strenuous Dance Academy and Aesthetic Centre, and Mr. Mohini Thapa, Dance Teacher, Model Academy School. The winners of B.A. Honors Psychology Semester I and B.A. Honors English Semester II were first, third and second, respectively.

The last event was an Inter-Departmental Cultural Dress Competition wherein 11 students participated, and the jury members for the said competition were Professor Rohini Sharma, HOD School of Education, and Mrs. Manju Vail, Manager Academic and Convener Co-Curricular Committee, Model Academy School. In this event, Mr. Nirbhay Khajuria of B.A. Honors Psychology Semester V and Ms. Anjali Nisar of B.A. Honors Psychology Semester I took first, Ms. Kanureet of B.A. Honors Psychology Semester V won the second prize, Ms. Aditi of B.A. Honors Psychology Semester V and Mr. Keshvi B.A. Honors Psychology Semester I won the third prize. The judges of all the events were honoured with mementos and appreciation certificates. All the winners were awarded trophies and certificates for their achievements and participation. The fundraising event on Pigeon Day, wherein more than 300 pigeons were sold, marked the end of Integration Week celebrations.

During the interaction with the NSS volunteers, Professor Abhi Gupta lauded the NSS's contribution to fostering unity in diversity across India's various cultural communities. He encouraged them to engage in the many social service activities organized by the unit and to become contributing members of society, emphasizing the value of national integration in our multicultural society. Mrs. Komal Sharma, NSS Program Officer and Ms. Sonika Kumari, Member NSS Unit, organized the event.





**MIER College of Education**

(Autonomous)

Accredited by the NAAC with 'A+' Grade

**EVENT REPORT  
Co-Curricular Committee**

**QF: 135**

**Semester: I & III**

**Session: 2022-2024 &  
2023-2025**

**Year: 2024**

<b>Date:</b> 14 & 15 May, 2024	<b>Name of the Event</b> 'I Survive'- Adventure Camp	<b>Nature of Event :</b> Non-Competitive
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**Activities Organised:** 'I Survive'- Adventure Camp

**No. of Students Participated :** 48

**Attachments:** List of Participants   
(If any) Press Release   
Certificates

### **'I Survive'- Adventure Camp**

**Total No of Participants: 48**

**Date: 14&15 May 2024**

**Venue: Patni Top Hill Station, Jammu**

Co-curricular Committee, MIER College of Education, Jammu organized an adventure camp at the picturesque Patnitop Hill Station, involving 48 enthusiastic students from the School of Education and the School of Social Sciences and Humanities. This camp was designed to provide a blend of outdoor adventure, team-building activities, and personal development opportunities for the participants. The exercise aimed to foster mental and physical health, improve teamwork and leadership abilities, and offer opportunity for hands-on learning, as well as to promote environmental consciousness and a relationship with nature.

The adventure camp comprised a variety of activities that challenged the students physically and mentally while promoting teamwork and camaraderie. The other activities included Flying fox, Single rope bridge, Free-fall jump, Commando wrapping, Nuptial knot and passing the Burma bridge. A zip lining session was organized, allowing students to soar above the scenic landscapes and enjoy an adrenaline-pumping adventure. Various team-building exercises and games were conducted to improve collaboration, communication, and problem-solving skills among students. Evenings were spent around a campfire, where students shared stories and enjoyed music, fostering a sense of community and bonding.

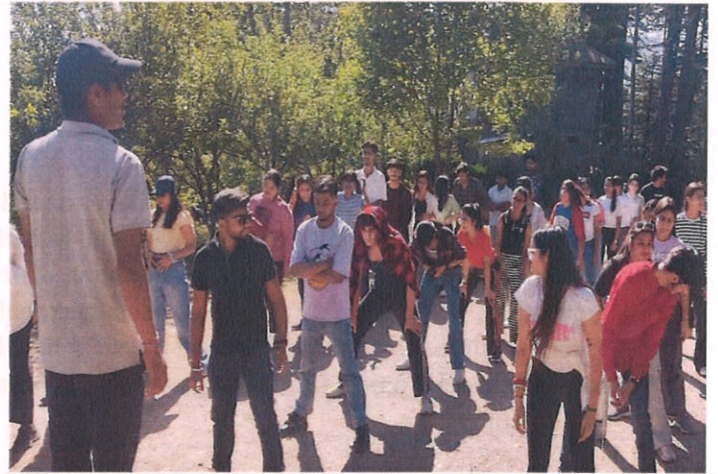
The adventure camp provided a platform for students to step out of their comfort zones, face their fears, and build self-confidence. The participants provided overwhelmingly positive feedback, expressing their appreciation for the opportunity to engage in such diverse and enriching activities. Many students highlighted the development of new friendships, improved confidence, and a greater sense of responsibility as key takeaways from the camp.

The adventure camp was a resounding success, achieving its objectives of promoting physical fitness, enhancing team-building and leadership skills, and fostering personal growth among the students. Such experiential learning opportunities are invaluable in shaping well-rounded individuals ready to face future challenges with resilience and confidence.

The camp was flagged off from MIER campus by the Principal, Dr. Adit Gupta. Speaking on the occasion he said that these programmes provide a stimulating combination of science, adventure and team work. The faculty members Dr. Sahil Bhagat and Mr. Narender, accompanied the students.



## Photographs



***Photographs of the students performing different activities at Adventure Camp***

*R. Dwivedi*

**Prepared by:  
Convener CCC**



**Approved by:  
Principal**